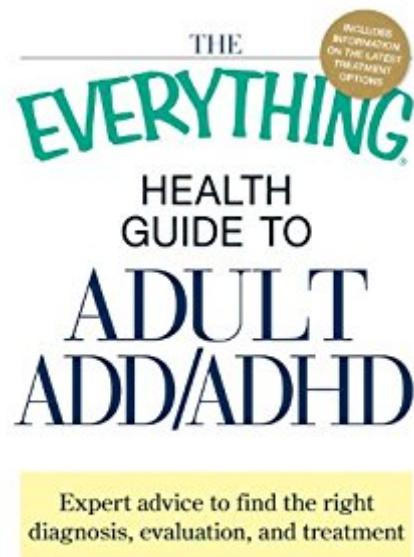


The book was found

# The Everything Health Guide To Adult ADD/ADHD: Expert Advice To Find The Right Diagnosis, Evaluation And Treatment (Everything®)



Carole Jacobs and Isadore Wendel, PhD, MSCP  
Foreword by Theresa Cerulli, MD



## **Synopsis**

People with undiagnosed Adult ADD/ADHD suffer highly chaotic lives--and often struggle with problems such as fatigue, depression, drug abuse, and learning disabilities. The good news is that treatment can go a long way toward getting this condition in check. But before anyone can manage the problem, they have to be able to identify it, starting with a thorough understanding of what it looks like in adults. This guide helps you:Understand telltale signs and symptomsFind the right specialistChoose the right treatmentDecide whether talk therapy is right for youLearn how to lead a happier and more productive lifeThis guide also helps remove the guilt and blame surrounding ADD/ADHD by reassuring that it is a real syndrome with a biological cause, and not the result of laziness or a lack of motivation or discipline. From diagnosis to life after treatment, this book will guide you with a reassuring hand every step of the way.with ADD/ADHD and co-existing behavioral health conditions.

## **Book Information**

File Size: 773 KB

Print Length: 306 pages

Publisher: Adams Media; 1 edition (January 18, 2010)

Publication Date: January 18, 2010

Sold by:Â Digital Services LLC

Language: English

ASIN: B0045Y22XU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #234,725 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Reference #30 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Reference #50 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Pathologies > Attention-Deficit Disorder

## **Customer Reviews**

Just a warning - this is both a review of the book and how it has helped me personally. This book is

fantastic for someone who wants to better understand the disorder. It gives an overview of all of the treatment options and states which are scientifically supported and which are considered controversial. A very useful aspect to having the book has been that my girlfriend has gained a much better understanding for why I am the way I am. The book is packed with useful statistics that show just how much more difficult everyday things are for those of us with ADHD. For example, the book includes statistic such as only 12 percent of ADHD adults get a bachelors degree and only 4 percent of ADHD adults are able to establish and maintain a professional career. It also talks about all the great traits ADHD adults usually have such as creativity and guts. It quotes Forbes magazine as saying people with ADHD are 100 times as likely as people without it to start their own business. The book is full of facts and statistics. While the book has a lot of useful information, this is not an advanced text. It does discuss the most popular current scientific theories as to the origin of the disorder, but is not packed with advanced discussion on the topic. It discusses the benefits of talk therapy and behavior modification as well as giving a great overview of the medication options, but you will need to seek more targeted advanced books if you want a really in-depth discussion. This book is really just a great overview and introduction.

[Download to continue reading...](#)

The Everything Health Guide to Adult ADD/ADHD: Expert advice to find the right diagnosis, evaluation and treatment (Everything®) ADHD: Stories Of Those With Attention Deficit Hyperactivity Disorder And How They Overcame It (Adhd Children, Adhd adult, Adhd parenting, Adhd without ... Adhd advantage, adhd effect on marriage) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) ADHD: Parenting a Child or Teen With Attention Deficit Disorder: Signs, Symptoms, Causes & Treatments (Treat ADHD & ADD Without Medication Books) The Everything Guide to Stepparenting: Practical, reassuring advice for creating healthy, long-lasting relationships (Everything®) The Everything Guide to Writing a Romance Novel: From writing the perfect love scene to finding the right publisher--All you need to fulfill your dreams (Everything®) The Everything Parent's Guide to Sensory Processing Disorder: The Information and Treatment Options You Need to Help Your Child with SPD (Everything® Parents Guide) The Everything Soapmaking Book: Learn How to Make Soap at Home with Recipes, Techniques, and Step-by-Step Instructions - Purchase the right equipment and ... and sell your creations (Everything®) Healing ADD Revised Edition: The Breakthrough Program that Allows You to See and Heal the 7 Types of ADD ADHD in Adulthood: A Guide to Current Theory, Diagnosis, and Treatment How to Add A Device To My Account: How to Add a Device Evaluation, Diagnosis, And

Treatment Of Occlusal Problems Practical guide for the diagnosis and management of asthma : based on the Expert Panel report 2 : guidelines for the diagnosis and management of asthma (SuDoc HE 20.3208:AS 8/8) Is That My Child?: A Parents Guide to Dyspraxia, Dyslexia, ADD, ADHD, OCD and Tourette's Syndrome of Childhood Teaching Teens With ADD, ADHD & Executive Function Deficits: A Quick Reference Guide for Teachers and Parents The Everything Guide to Managing Type 2 Diabetes: From Diagnosis to Diet, All You Need to Live a Healthy, Active Life with Type 2 Diabetes - Find Out ... Your Diet and Discover the Latest Treatments Zitelli and Davis' Atlas of Pediatric Physical Diagnosis: Expert Consult - Online and Print, 6e (Zitelli, Atlas of Pediatric Physical Diagnosis) A Woman's Guide to Pelvic Health: Expert Advice for Women of All Ages (A Johns Hopkins Press Health Book) How To Reach And Teach Children with ADD / ADHD: Practical Techniques, Strategies, and Interventions The ADD / ADHD Checklist: A Practical Reference for Parents and Teachers

[Dmca](#)